

# EMDR BASIC TRAINING INFORMATION

PLEASE READ THE FOLLOWING INFORMATION CAREFULLY PRIOR TO REGISTERING.  
IF YOU HAVE ANY QUESTIONS OR CONCERNS PLEASE CONTACT US.

(435) 621-3872

EMDR808@GMAIL.COM

**Registration:** Please make sure you have read the training information, understand the requirements, what the expectations are, and know how to prepare for the training prior to signing up. The registration form to sign up for EMDR basic training can be found at [www.emdr808pacific.com/emdrtraining](http://www.emdr808pacific.com/emdrtraining). Once you have completed the form you will be prompted to complete your payment and then you will be able to create your account. You will not be able to access the training information or materials until 7 days prior to the first day of training. When you are ready to log into your account again simply visit our website at [emdr808pacific.com](http://emdr808pacific.com) and click the login link at the top right of the main page. This is a complete and comprehensive 5 day training. You must be able to complete all training days to be EMDR trained. When registering please make sure you are able to attend the entire training. In the event of an extenuating circumstance and you are unable to complete all 5 days, you must make a written request to [emdr808@gmail.com](mailto:emdr808@gmail.com). If your absence is approved arrangements will be made for you to complete the training. You must complete the entire training within 12 months from your initial start date or you will have to begin again at full cost to you.

#### **Cost:**

- Utah Cost \$1550
- Hawaii Cost \$1750
- \$100 Discount given to non-profit & pre-license individuals
  - **Cost Includes**
    - Training manual and handouts
    - 10 hours of group consultation
    - Continuing education (CE's) hours (see our website for current CE information)
    - Certificate of completion

**Payments:** We accept payments online at [www.emdr808pacific.com/emdr-training-payments](http://www.emdr808pacific.com/emdr-training-payments). When you are making your payment please review the options carefully to ensure you have selected the right payment option. We offer a payment plan of three equal payments. Our payment plan is available until 14 days prior to the first day of training. 14 days prior to the training payment must be paid in full. When you select to pay by payment plan, the first payment will be processed immediately after checkout and the following payments will be billed each month on the same date following the initial purchase. A \$45.00 service charge applies to each returned check or declined card transaction. If you need to pay via check please contact us.

**Cancellation Policy for Registrants:** Cancellations by registrants must be received in writing via email to [emdr808@gmail.com](mailto:emdr808@gmail.com). You may cancel up to 4 weeks before the training to receive a tuition refund less a \$100.00 administrative fee. No refunds or credits will be given for cancellations made less than 4 weeks of training date. There are no refunds for partial attendance, non-attendance or non-participation of the training. If you do not qualify for this course (see Eligibility) your registration will be canceled and your tuition refunded (MINUS \$100 administrative fee). Please confirm your eligibility status BEFORE you register.

**Changes and Cancellation of Scheduled Training:** We value the individualized learning that is achieved through our live training and small group sizes. We ask that you PLEASE wait to make travel plans. When 9 therapists have enrolled, the training will be confirmed, and you will be notified. We reserve the right to cancel and reschedule a training due to low enrollment or unforeseen circumstances. In the event that the dates of a training need to be changed or the training is canceled, registrants will be notified as soon as possible. The registrant may have the ability to be transferred to a future training, provided it is not sold out. Registrants may also request a full refund (less any payment processing fees) which will be provided within 10 business days. Refunds cannot be made by us for lodging, airfare, or any other expenses related to the training.

**Certificate of Completion:** Upon completion of the training you will receive an EMDR training completion certificate. The certificate will indicate the completion of 50 training hours. Once you receive your certificate you are considered an EMDR trained clinician capable of using EMDR therapy in your practice. Note: The training completion certificate may not be the same as an CE certificate(s) you receive.

**Eligibility:** Please confirm your eligibility before you register! The intended audience must have a mental health background with a minimum completion of 2nd year of master's level education or higher. Graduate students in the 2nd year with a mental health background are eligible. If you are a current student you may be asked to provide your transcripts. For more information regarding eligibility visit [www.emdria.org/eligibility-requirements-for-emdr-training/](http://www.emdria.org/eligibility-requirements-for-emdr-training/) If it is found that you do not qualify for this course your registration will be canceled and your tuition refunded (less administrative fee). Please confirm your eligibility status BEFORE you register.

**Attendance:** Attendees are responsible for signing in and out of each training day and attending the training in its entirety in order to receive the Continuing Education credits available for the training. No partial CE credit will be given. No exceptions will be made.

**Participation:** Participants must be present and engaged during all aspects of the training. A spirit of cooperation and mutual support is necessary. It is expected that all participants shall maintain the highest ethical standards of confidentiality regarding all personal and clinical information shared by others in this training. Confidentiality shall apply to all training, practicum experiences and consultation sessions: specifics may be discussed only with members of the immediate consultation or practice group, the participant's group consultant, practicum facilitator and trainer(s).

**Required Reading:** The required reading for the EMDR basic training includes the following materials:

- Shapiro, Francine. (2018). Eye Movement Desensitization and Reprocessing (EMDR) Therapy, Third Edition: Basic Principles, Protocols, and Procedures. New York: Guildford Press
- Go With That Magazine Fall 2020, Volume 25, Issue 3 [EMDR & Racial Trauma]
- Guidelines for Virtual EMDR Therapy (Spring 2020)

**Training Location:** Upon registration you will receive an email with the address and directions of the training location and further information and instruction regarding the training you joined.

**Disabilities Policy:** All training that is conducted by Rhonda Kamai-Kekela, LCSW is held in facilities in accordance with the Americans with Disabilities Act. If special accommodations are required, please notify Rhonda Kamai- Kekela, LCSW.

**Note:** *Temperatures in conference rooms are variable. I do not always have access to the thermostat so please dress in layers so that you can be comfortable.*

**Refreshments and Lunch:** Light refreshments (including coffee and water) are offered throughout the day. Lunch is not provided but there are many nearby restaurants to our training locations.

**Hotel Accommodations:** We are happy to make suggestions in both Hawaii and Vernal, Utah if you have questions or concerns about where to stay. In Vernal, The LedgeStone Hotel, located at 679 W. Main Street, is offering a discount rate for those attending our training when you use code: "EMDR." You must book hotel reservation at (435) 789-4200 to receive the discount rate. Restaurant and stores are within walking distance from the hotel for convenience.

**Schedule:** Morning break is scheduled from 10:15- 10:30 am, lunch is from 12- 1 pm and afternoon break is 3:15- 3:30 pm. Please note these times can change based on the exercises and needs of the attendees.

**Consultation:** 10 hours of group consultation is required and included in the EMDR basic training. The required consultation sessions will be held via Zoom teleconference. These consultation dates and times are assigned and listed on our website, <https://www.emdr808pacific.com/emdrtraining>, and in the training material you will receive. The zoom link and consultation schedule will be listed in the online training module located in the online account you will be prompted to create upon registration and payment for the training. You should make every effort to attend the consultations. If you are unable to attend the assigned consultations you may register for a different consultation date for an additional cost of \$60.00 per 2-hour consultation. You have 24 months for live in-person training and 12 months for virtual training from the first day of your training to complete your consultation hours or you will be required to retake the training again at your own expense. You may see additional consultation dates on our website at <https://www.emdr808pacific.com/consultation>. You may also seek consultation through another approved consultant at your own expense if you wish.

**Grievance Policy:** We seek to ensure equitable treatment of every person and to make every attempt to resolve grievances in a fair manner. Please submit a written grievance via email to [emdr808@gmail.com](mailto:emdr808@gmail.com). All grievances will be addressed to the best of our ability in order to prevent further and future problems.

**The training instructor reserves the right, based on their sole judgement, to dismiss anyone from the training (without refund) that negatively impacts the training experience of others, fails to maintain appropriate confidentiality, or is unable to successfully complete the training for any reason.**